a community magazine and business directory for residents of wythall & hollywood





#### STATION ROAD, WYTHALL



#### STATION ROAD, WYTHALL

A detached four double bedroomed bungalow. Briefly comprising; porch, hallway, lounge, kitchen/diner, breakfast room, guest cloaks w.c., ground floor master bedroom with en-suite and one further bedroom, with two further bedrooms on the first floor, family bathroom, side garage, superb rear garden and front driveway.

#### Offers Around £675,000

#### DARK LANE, HOLLYWOOD



#### DARK LANE, HOLLYWOOD

An extended five bedroomed, four bathroom traditional detached spacious family home. Briefly comprising; porch, hallway, lounge, kitchen/diner, utility, study, guest cloaks w.c., master bedroom with en suite on second floor, first floor two bedrooms both with en suite, two further bedrooms, family bathroom, integral side garage, rear garden and front driveway.

Offers Around £595,000

#### **NORTON LANE, TIDBURY GREEN**



#### **NORTON LANE, TIDBURY GREEN**

A spacious detached house, briefly comprising; entrance hallway, dining room, lounge, dining room, kitchen/breakfast room, utility room, ground floor w.c., utility, master bedroom with en-suite, guest bedroom with en-suite, two further bedrooms, family bathroom, detached double garage, rear garden with summerhouse and driveway parking.

#### Offers Around £600,000

#### STATION ROAD, WYTHALL



#### STATION ROAD, WYTHALL

An extended two bedroomed period cottage in this most convenient & sought after location in the village of Wythall. Briefly comprising; porch, lounge, kitchen, lobby, dining room, utility, ground floor bathroom, two bedrooms, shower room, landscaped gardens and detached garage.

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#### **Joyous June!**

#### Welcome to the June edition

There's a whole load of great events coming up – from festivals to art experiences. Fingers crossed the weather's good to us and we can get our picnic blankets out!

Or maybe you're busy getting your garden summer ready or preparing to move house. If you need help getting your garden landscaped, your drive re-done, or your bathroom or kitchen updated then have a look to see if one of the local and reliable businesses who advertise in here can help.

Wishing you a great month ahead. Until next month,



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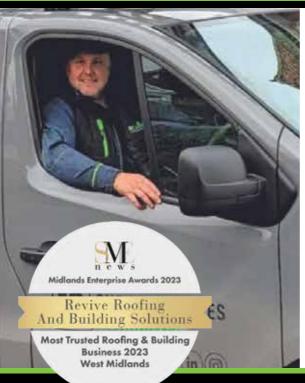


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#### community events

#### "Remember When...?"

#### 29th June 2pm, Knowle Village Hall

The Knowle Village Hall Association invite you to "Remember When...?". Vintage Vocalist Amy Price will be presenting a nostalgic programme of songs from the 1940's to the 70's, guaranteed to jog your memory. Refreshments will be served during the interval. Tickets £10 (admission by ticket only) from 01564 779445 or 01564 779898.

#### Dorridge Cricket Club Family Fun Day

7th July 2pm, Dorridge

#### Cricket Club, Grange Road, Dorridge

Dorridge Cricket Club is holding a family fun day and opening its new ground at Grange Road. There will be live music, pop-up food stalls, a BBQ and bar, cricket taster sessions and two cricket matches taking place. Everyone is welcome.

#### Dolly Parton Tribute Night

#### 13th July 7pm, Shirley British Legion

Join in for a night of toetapping tunes, dazzling costumes, and unforgettable memories as they pay tribute to the one and only Dolly Parton! Tickets from ticketsource.co.uk



#### Solihull Summer Fest

#### 20-21 July, Tudor Grange Park

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#### Beyond Van Gogh - The Immersive Experience

#### 1 August - 1 September, The NEC

Beyond Van Gogh: The Immersive Experience blends more than 300 of the post-Impressionist icon's paintings with cutting-edge technology and a specially curated musical soundtrack to tell the story of one of history's most influential artists. Tickets from https://www.thenec.co.uk/





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#### **book** review

#### The Kitchen Science Cookbook

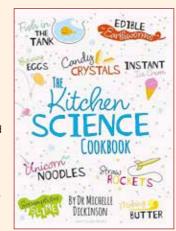
#### by Dr. Michelle Dickinson

This is a beautifully crafted book with a unique twist: each recipe is a science experiment that you can do at home, using the everyday ingredients you'll find in your kitchen.

You don't need to be a science expert because the easy-to-follow recipes make science experiments fun for everyone. Nanotechnologist Michelle Dickinson is on a mission to show us that we can all be scientists, no matter how young or old.

The book has an easy-to-follow format, and every experiment uses ingredients found in most kitchens. Kids will love following each recipe and learning about the science. When I set aside an afternoon to do a few experiments with my own kids I learned a lot too.

The photos show normal families doing each of the experiments, which contributes to the approachable feel of the book. In spite of it being so accessible, Dickinson, who is a serious scientist, covers the scientific method - coming up with a prediction, testing it



etc; safety precautions, and general science tips which is great for non-scientist parents like me. If you want to get your kids excited about science, this is a fabulous book.



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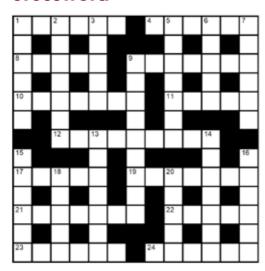


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#### crossword



#### clues

#### Across

- 1 Small round stone (6)
- 4 Pristine (6)
- 8 Large black bird (5)
- 9 Zeal (7)
- 10 Type of large military ship (7)
- 11 Rectify, revise (5)
- 12 Scarlet food dye (9)
- 17 Yellow/brown (5)
- 19 Gleaned (7)
- 21 Sparkle, shine (7)
- 22 Barbecue (5)
- 23 Cantankerous (6)
- 24 Burns supper dish (6)

#### Down

- 1 Robbery at sea (6)
- 2 Temporary, makeshift camp (7)
- 3 Estate, territory (5)
- 5 Recite, recount (7)
- 6 Tally, total (5)
- 7 Make fun of, insult (6)
- 9 Outlawed, prohibited (9)
- 13 The fastest big cat (7)
- 14 Deficient, incomplete (7)
- 15 Purchased (6)
- 16 Grown ups (6)
- 18 Lift (5)
- 20 Belief, principle (5) answer on page 22

8						1	7	
3	5							
4		7			9	3		
5		8		6	4			
	3		9		7		6	
			5	8		4		1
		2	4			9		5
							4	2
	4	5						7

#### how to play SUCOKU

#### It's simple!

Fill in the grid so that each row, column and 3x3 box, contains the numbers 1 through to 9 with no repetition. You don't need to be a genius. These puzzles use logic alone. Watch out! Sudoku is highly addictive.

answer on page 22



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#### Super Strawberries Nature's sweet solution to wellbeing

t's the time of year to celebrate the strawberry. The first shocker is that it is not actually a berry. It's a member of the rose family and is in fact the enlarged receptacle of a flower!

There's a lot to love about them. They're lower in both calories and sugar than fruits like apples or bananas, yet they're high in fibre and other key nutrients. They're a low-glycaemic food, which means that they have little effect on blood sugar. This makes them a tasty option for people looking to control or lower their blood alucose levels.

There are more health



benefits too. They naturally deliver vitamins, fibre, and particularly high levels of antioxidants known as polyphenols - without any sodium, fat, or cholesterol. They are among the top 20 high-antioxidant fruits and are a good source of manganese and potassium. Just one serving -about eight berries - provides more vitamin C than an orange.

Strawberries also have minerals such as calcium, iron, potassium, folate, and magnesium, along with more antioxidants called anthocyanins. Those are healthful plant compounds that also give strawberries their red colour. The redder the fruit, the more antioxidants it has.

The vitamins, minerals, and antioxidants in strawberries provide important health benefits.

Allergic reactions to strawberries usually cause symptoms such as itchy bumps, tingling, or swelling of your lips, mouth, tongue, or throat. Seek medical advice if this happens.

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#### Microchipping Made Simple

ational Microchipping Month emphasizes the importance of updating your pet's microchip details to ensure they can be reunited with you if lost. This event also promotes the benefits of microchipping pets.

Microchips, about the size of a grain of rice, are implanted by a vet or trained implanter in a quick, harmless procedure, providing a permanent means of identification unlike removable collars and tags. Since April 2016, it has been mandatory for all dogs in the UK to be microchipped and registered with a government-

approved database, and starting 10th June this year, this requirement will extend to all cats by the time they are 20 weeks old.

The key advantage of microchipping is the increased likelihood of being reunited with you pet should they become lost. While microchipping for pets other than dogs and cats isn't legally required, it is highly recommended for all types of pets. Only authorized implanters, including vets and animal welfare organizations, can perform microchipping.

You can be fined up to £500 if your dog or cat is not



microchipped when they need to be. Dogs are also still required to wear a collar and tag.

If you are buying or adopting a dog or cat you should ask for proof a microchip has been fitted.

You can ask to see: a microchip certificate, vet records, or a pet passport.

For further information visit www.gov.uk/get-your-dog-cat-microchipped

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answers on page 22

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#### The 'why' of weeds

ome gardeners say that a weed is just a plant in the wrong place. But is any unwanted plant it really a weed? Is an apple tree seedling a weed? Are the random aquilegia or California poppies softening my stone paths weeds?

Plants have one goal: to live long enough to reproduce. So sometimes these plants show up in areas they're not welcome. These plants are not technically weeds, though we might decide to treat them as such.

Then there are the plants that we know as conventional weeds, such as dandelions. Some are annuals, which live their whole life cycle in one year, and persist through a legacy of hundreds of thousands of seeds, germinating anywhere and everywhere.

Dandelions are actually perennials. They are persistent plants that love open lawn, growing into a big leafy mass with their characteristic bright yellow flowers. They also spread tens of thousands of seeds around to ensure that there are plenty more to come next year. The thing about a plant like dandelions - and this is true for many of our labelled



perennial weeds, such as nettles - is that bees and other insects love them, so they are wonderful for biodiversity.

Why DO plants show up where they're not supposed to be?

Have you ever heard the phrase, 'Nature abhors a vacuum'? It's the concept that emptiness or nothingness runs counter to the laws of nature. Space must be filled with something, and weeds have embraced this concept wholeheartedly.

It explains why weeds pop up in places such as an open, mulched area or a pristine expanse of artfully placed stone patio. You may have determined there should be nothing there, but Mother Nature has other ideas and starts inserting plants to fill the void.

As gardeners, we like the idea of carefully selected plants placed in well-chosen spots in our landscape. That's 'design' - the conscious application of thought and the decision to grow or not grow plants in this particular place or that.

The sparsely planted landscaped garden and the heavily planted plot with barely any room between plants are garden styles at opposite ends of the spectrum. The first readily invites weeds to fill the empty spaces, but they are easy to see and remove. The second (which I favour), makes it difficult for weeds to aerminate. But when they sprout – and they will - it takes a keen eye and some effort to remove them. I'm not diligent with this because the odd weed is less noticeable amona all the other plants, and they are good for insect life.

Neither garden is 'correct'. The more natural landscape will ultimately be more sustainable with less weeding effort required, though when first planted, because it takes time for all those plants to grow and fill in, you'll have to deal with - you guessed it - weeds.

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#### **Chocolate Sorbet**

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100g good quality dark chocolate (70% cocoa solids) broken into pieces. 100ml filtered or mineral water 60g cocoa powder

#### For the sugar syrup

250ml filtered or mineral water 150g caster sugar

#### Method

Prepare the sugar syrup by placing the sugar and water into a saucepan. Bring to the boil without stirring and leave to simmer until the sugar crystals have dissolved (about 5 minutes). Remove from the heat. Melt the dark chocolate in a heat-proof bowl suspended over a saucepan of justsimmering water. When it has melted add the 100ml water and reheat until warm. Whisk in the cocoa, then add the melted chocolate, whisking together until smooth. Let the mixture cool, then chill it by placing the bowl of sorbet mixture over a bowl of water filled with ice cubes. Stir occasionally but don't let any water splash into the sorbet mix. For the smoothest results churn the chilled mixture in an ice cream maker until ready. If you don't have an ice cream maker then place the mixture in a shallow bowl

and freeze it in the coldest

part of the freezer. Take it out every hour and whisk it to break up the ice crystals. Made this way it will have a slightly more granular texture, but it will still be delicious. Remove from the freezer about twenty minutes before serving.

#### **Serving suggestions**

Although this is lovely on its own you could try serving it with:
Strawberries dipped in melted chocolate, then chilled.
Rich butter shortbread (obviously not if you're on a gluten-free diet!).
With a glass of coffee, chocolate or mint liqueur poured over.

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3	5	1	7	4	6	2	8	9
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7	1	3	6	9	5	8	4	2
9	4	5	2	3	8	6	1	7

#### **Suduko Solution**

from page 11



#### **Crossword Solution**

from page 11

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- Low budget
- 2. Get over it
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#### mindbenders

from page 15

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